

SAVE THE DATE

ENDORSED BY:
ISPN
International Society of Pain & Neuroscience

 13 - 15 December 2024

 Day 1 & 2: Novotel Al Bustan Hotel, Abu Dhabi, UAE
Day 3: American Hospital (Formerly the Neuroscience Anatomy Lab) Dubai, UAE



1st ISPN-Middle East and South East Asia Conference



Welcome to the 1st ISPN-Middle East and South East Asia Conference

We are excited to announce that we will be having our 1st ISPN-Middle East and South East Asia Conference at Novotel Al Bustan Hotel, Abu Dhabi, UAE and American Hospital (Formerly the Neuroscience Anatomy Lab) Dubai, UAE on December 13 - 15, 2024.



Dr. Reda Tolba

Conference Co-Chair
Consultant, Pain Management,
Abu Dhabi, UAE
Clinical Professor of Anesthesiology,
Cleveland, Ohio, USA

ISPN society will serve the core mission of the parent society ASPN: to improve education, highlight scientific curiosity, establish best practices, and elevate each other in a quest to improve the field.



Dr. Abdullah Terkawi

Conference Co-Chair
Consultant & Clinical Assistant Professor
Department of Anesthesiology,
Perioperative & Pain Medicine
Stanford University, California, USA

The meeting will bring renowned US and international key opinion leaders in the field of pain and neuroscience. The event will span two days and will include cutting-edge updates and discussions on pain and neuroscience topics.

We are excited to expand our reach to the international community and look forward to seeing you all in United Arab Emirates!

EARLY BIRD RATE, REGISTER NOW!

(Until November 13, 2024) (5% VAT Exclusive)

Conference Registration

[CLICK HERE TO REGISTER >](#)

Ultrasound Workshops

(Maximum 40 people)

[CLICK HERE TO REGISTER >](#)

Cadaver Workshops

(Maximum 40 people)


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SCIENTIFIC PARTNER



MANAGED BY:



 For more information, please contact:
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www.ispnconference.com

FACULTY



Conference Co-Chairs



Dr. Reda Tolba
Consultant, Pain Management,
Abu Dhabi, UAE
Clinical Professor of Anesthesiology,
Cleveland, Ohio, USA



Dr. Abdullah Terkawi
Consultant & Clinical Assistant Professor
Department of Anesthesiology,
Perioperative & Pain Medicine
Stanford University, California, USA

Speakers and Moderators



Dr. Abdullah Abolkhair
Chairman, Department of Anesthesia
King Faisal Specialist Hospital and
Research Center, Riyadh, KSA



Dr. Abdullah Ali Saaban Al-Ghamdi
Consultant Anaesthesiologist and
Pain Specialist
Johns Hopkins Aramco Healthcare,
Dhahran, KSA



Dr. Adil Kamal
Consultant Anesthesiology and
Pain Management
King Faisal Specialist Hospital &
Research Centre,
Jeddah, KSA



Dr. Albert Kwon
Clinical Assistant Professor of Anesthesiology,
Perioperative and Pain Medicine
Stanford University School of Medicine,
California, USA



Dr. Ali Alshoaiby
Consultant in Anesthesia and
Pain Management
King Fahad Medical City,
Riyadh, KSA



Dr. Amar Salti
WSPC President
Consultant Anesthesia and Interventional
Pain Medicine, Cleveland Clinic,
Abu Dhabi, UAE



Dr. Asmahan Almulla
Consultant Anesthesia and Intensive Care
and Pain Medicine
Ibn Sina Hospital, Kuwait City, Kuwait



Dr. Einar Ottestad
Clinical Professor, Stanford University
Stanford Health Care, California, USA



Dr. Emad Estemalik
Section Head - Headache and Facial Pain
Neurological Institute
Cleveland Clinic, Ohio, USA



Dr. Eric Francois
Consultant Pain Physician
Cleveland Clinic, Abu Dhabi, UAE



Dr. Fadi Kaddoura
Consultant in Anesthesia and
Pain Medicine
Sheikh Shakhbout Medical City,
Abu Dhabi, UAE



Dr. Fatma Dammas
Head of Anesthesia Department,
King Saud University, Riyadh, KSA



Dr. Hani Alghamdi
Consultant in Anesthesiology and
Chronic Pain
King Faisal Specialist Hospital and
Research Center, Riyadh, KSA



Dr. Hasan Behbehani
Specialist in Anesthesiology and
Pain Medicine
Ministry of Health, Kuwait City,
Kuwait

FACULTY



Dr. Hemant Kalia
Interventional Pain & Cancer Rehabilitation
Medicine Specialist
Managing Director, Greater Rochester Region
Medical Director, Invision Spine & Pain,
New York, USA



Dr. Hesham Elsharkawy
Professor of Anesthesiology
Case Western University
MetroHealth, Ohio, USA



Dr. Isaac Peña
Head of Pain Unit
Virgen del Rocio University Hospital,
Sevilla, Spain



Dr. Kelly Huffman
Psychologist, Neurological Institute
Cleveland Clinic Abu Dhabi, UAE



Dr. Kenneth Candido
Clinical Professor of Anesthesia &
Surgery, University of Illinois
Director, Thorek Memorial Hospital,
Illinois, USA



Dr. Maan Kattan
Consultant, Department of Anesthesiology
King Abdulaziz Medical City,
Jeddah, KSA



Dr. Maisa Ziadni
Clinical Assistant Professor
Stanford Systems Neuroscience and
Pain Laboratory & Pain Management Clinic,
California, USA



Dr. Manish Raj
Department Head of
Interventional Pain Medicine
Emirates Hospital,
Jumeirah, Dubai, UAE



Dr. Michael Schatman
Clinical Psychologist
Department of Anesthesiology,
Perioperative Care & Pain Medicine and
the Division of Medical Ethics,
Department of Population Health,
NYU Grossman School of Medicine,
New York, USA



Dr. Mohamed El Toukhy
Consultant in Pain Management and Anesthesia
King's College Hospital London, Dubai, UAE



Dr. Paresh Doshi
Director of Neurosurgery
Director of Stereotactic and
Functional Neurosurgery
Jaslok Hospital & Research Center,
Mumbai, India



Dr. Preeti Doshi
Director, Pain Medicine Department
Jaslok Hospital and Research Centre,
Mumbai, India



Dr. Rizq Alamri
Head of Anesthesia Department
Consultant in Pain Medicine and
Neuroanesthesia
East Jeddah Hospital,
Jeddah, KSA



Dr. Salahadin Abdi
Professor [Tenured] and Chair
Department of Pain Medicine - Unit 409
Helen Buchanan & Stanley Joseph Seeger
Endowed Research Professor
The University of Texas MD Anderson
Cancer Center, Texas, USA



Dr. Stanley Lam
Clinical Associate Professor (Honorary),
Faculty of Medicine,
Chinese University of Hong Kong
President, Hong Kong Institute of
Musculoskeletal Medicine,
Kowloon, Hong Kong



Dr. Vafi Salmasi
Interventional Pain Specialist and
Anesthesiologist,
Stanford University School of Medicine,
California, USA

SCIENTIFIC AGENDA



Day 1: Friday, December 13, 2024 (Novotel Al Bustan Hotel, Abu Dhabi, UAE)

7:30 Registration

8:00 Welcome to 1st ISPN-Middle East and South East Asia Conference
Dr. Reda Tolba, and Dr. Abdullah Terkawi

Block 1: Neuromodulation

8:30 Spinal Cord Stimulation: Indications, Patient Selection and Complication Mitigations
Dr. Reda Tolba

9:00 Current and Emerging Technologies (DTM, Burst, High Frequency, Close Loop, Multiwave Form)
Dr. Vafi Salmasi

9:30 Dorsal Root Ganglion (DRG) Stimulation
Dr. Abdullah Terkawi

10:00 Peripheral Nerve Stimulation (PNS)
Dr. Einar Ottestad

10:30 Panel: *Dr. Reda Tolba, Dr. Vafi Salmasi, Dr. Abdullah Terkawi, Dr. Einar Ottestad, Dr. Isaac Peña, and Dr. Preeti Doshi*

Moderators: *Dr. Abdullah Ali Saaban Al-Ghamdi, Dr. Ali AlShoaiby*

11:00 Research Presentations (Selected Top Abstracts)

11:45 Break & Exhibits

12:00 Prayer Break and Lunch

Block 2: Radiofrequency Ablative (RFA) Techniques

13:00 RFA Lumbar Spine
Dr. Asmahan Almulla

13:15 RFA Cervical/Thoracic Spine
Dr. Abdullah Abolkhair

13:30 RFA Knee
Dr. Preeti Doshi

13:45 RFA Hip
Dr. Mohammad El Toukhy

14:00 RFA Shoulder
Dr. Amar Salti

14:15 RFA of the Sacroiliac Joint
Dr. Maan Kattan

14:30 Cryoablation: Techniques and Evidence
Dr. Einar Ottestad

14:45 RF Neuromodulation of the Dorsal Root Ganglion
Dr. Abdullah Terkawi

15:00 RFA for Greater Trochanteric Syndrome
Dr. Hesham Elsharkawy

15:15 PM Break & Exhibits

Block 3: Headache and Facial Pain

15:30 Interventions for Facial Pain and Headaches
Dr. Paresh Doshi

16:00 Pharmacological Management for Headache Disorders
Dr. Emad Estemalik

16:30 Panel: *Dr. Paresh Doshi, and Dr. Emad Estemalik*
Moderators: *Dr. Rizq Alamri and Dr. Fadi Kaddoura*

17:00 End of Day 1

Day 2: Saturday, December 14, 2024 (Novotel Al Bustan Hotel, Abu Dhabi, UAE)

7:30 Registration

Block 4: Minimally Invasive Spine

8:00 Canal Stenosis and Minimally Invasive Lumbar Decompression
Dr. Abdullah Terkawi

8:30 MIS Interspinous Spacers/Fusion
Dr. Kenneth Candido

9:00 MIS Sacroiliac Joint Fusion
Dr. Hemant Kalia

9:30 Vertebrogenic Pain and Vertebro-basilar Ablation
Dr. Vafi Salmasi

10:00 Discogenic Pain and Intradiscal Procedures
Dr. Kenneth Candido

10:30 Endoscopic Discectomy
Dr. Manish Raj

11:00 Panel: *Dr. Abdullah Terkawi, Dr. Kenneth Candido, Dr. Vafi Salmasi, Dr. Hemant Kalia, and Dr. Manish Raj*
Moderators: *Dr. Hasan Behbehani, and Dr. Hani Alghamdi*

11:30 Break & Exhibits

12:00 Prayer Break and Lunch

Block 5: Regenerative Medicine

13:00 Prolotherapy for Pain Management
Dr. Stanley Lam

13:20 Platelet-Rich Plasma (PRP) Therapy for Pain Management
Dr. Stanley Lam

13:40 Stem Cell Therapy for Pain Management
Dr. Stanley Lam

Block 6: Cancer Pain

14:00 Understanding Pathophysiology of Cancer Pain
Dr. Salahadin Abdi

14:20 Managing Cancer Pain Effectively
Dr. Salahadin Abdi

15:00 Panel: *Dr. Salahadin Abdi*
Moderators: *Dr. Adil Kamal, and Dr. Fatma Dammas*

15:15 Break/Exhibits

Block 7: Pain Psychology, VR and AI

15:30 Cognitive Behavioral Therapy (CBT) for Chronic Pain
Dr. Maisa Ziadni

15:55 Artificial Intelligence Role in Pain Management Practice
Dr. Michael Schatman

16:20 Virtual Reality Use in Pain Management
Dr. Albert Kwon

16:45 Biofeedback therapy for chronic pain
Dr. Kelly Huffman

Block 8: ISPN State of the Union & Celebration

17:00 Research Winners` Announcement and Closing
Dr. Abdullah Terkawi, and Dr. Reda Tolba

17:15 End of Day 2

Day 3: Sunday, December 15, 2024

American Hospital (Formerly the Neuroscience Anatomy Lab) Dubai, UAE

Cadaver Workshops

8:00 AM - 5:00 PM

Leading Faculty: *Dr. Abdullah Terkawi, Dr. Reda Tolba, Dr. Vafi Salmasi, Dr. Hemant Kalia, Dr. Eric Francois and Dr. Kenneth Candido*

Spinal Cord
Stimulator

Intrathecal Pump
Implantation

Interspinous
Spacer

Radiofrequency
Ablation

Minimally Invasive
Lumbar
Decompression
(MILD)

Posterior
Sacroiliac Fusion

8:00 AM - 5:00 PM

Leading Faculty: *Dr. Einar Ottestad, and Dr. Hesham Elsharkawy*

Parallel Workshop: Ultrasound of Upper Extremity Nervous System

- Brachial plexus
- Radial nerve
- Median nerve
- Ulnar nerve

Parallel Workshop: Ultrasound of Lower Extremity Nervous System

- Femoral nerve
- Lateral femoral cutaneous nerve
- Sciatic nerve
- Peroneal nerve
- Tibial nerve
- Sural nerve

Parallel Workshop: Ultrasound of Major Joints

- Shoulder
- Knee
- Hip
- Sacroiliac

Parallel Workshop: Ultrasound of Truncal Inter-Facial Blocks (Focusing on What Help for Chronic Pain)

- Erector spinae plane block
- Paravertebral block
- Transversus abdominis plane block
- External oblique intercostal fascial plane block
- Pectoralis (PECS) blocks
- Superior cluneal nerves

Ultrasound of Headache & Neck Nervous System

- Greater occipital nerve
- Lesser occipital nerve
- Supra-and infra orbital nerves
- Stellate ganglion